

## Uitslag 7 km

| Plaats | Nr  | Naam                | Tijd    | Gemidd. |       |
|--------|-----|---------------------|---------|---------|-------|
| 1      | 632 | Simon Vandebon      | 0:22:43 | 18.49   | Man   |
| 2      | 619 | Lorenz Pype         | 0:24:29 | 17.15   | Man   |
| 3      | 623 | Pieter Bernaert     | 0:25:12 | 16.67   | Man   |
| 4      | 616 | Steven Mommerency   | 0:25:20 | 16.58   | Man   |
| 5      | 624 | Nicky Moreel        | 0:25:33 | 16.44   | Man   |
| 6      | 631 | Florian Cavey       | 0:26:30 | 15.85   | Man   |
| 7      | 635 | Stan Cottignies     | 0:26:37 | 15.78   | Man   |
| 8      | 625 | Eric Oyaert         | 0:26:54 | 15.61   | Man   |
| 9      | 633 | Jolien Musseeuw     | 0:27:49 | 15.10   | Vrouw |
| 10     | 614 | Tamara Vereecke     | 0:28:00 | 15.00   | Vrouw |
| 11     | 637 | Danny Musseeuw      | 0:28:06 | 14.95   | Man   |
| 12     | 610 | Youri Muylle        | 0:29:20 | 14.32   | Man   |
| 13     | 608 | Wim Depoorter       | 0:29:28 | 14.25   | Man   |
| 14     | 620 | Sequaia Vanfrachem  | 0:30:44 | 13.67   | Vrouw |
| 15     | 615 | Andy Hoedt          | 0:30:51 | 13.61   | Man   |
| 16     | 628 | Sem Decoster        | 0:31:13 | 13.45   | Man   |
| 17     | 609 | Wouter Lanoote      | 0:31:49 | 13.20   | Man   |
| 18     | 606 | christian devos     | 0:32:13 | 13.04   | Man   |
| 19     | 626 | Chris Borence       | 0:35:10 | 11.94   | Man   |
| 20     | 617 | Pieter Couvreur     | 0:35:51 | 11.72   | Man   |
| 21     | 622 | Kevin Willems       | 0:35:53 | 11.70   | Man   |
| 22     | 611 | Davy Puype          | 0:36:05 | 11.64   | Man   |
| 23     | 636 | Wanda Ryckx         | 0:36:08 | 11.62   | Vrouw |
| 24     | 605 | Vanessa Dewulf      | 0:36:22 | 11.55   | Vrouw |
| 25     | 630 | Frank Syoen         | 0:38:04 | 11.03   | Man   |
| 26     | 629 | Charlotte Vanhoutte | 0:38:09 | 11.01   | Vrouw |
| 27     | 613 | Lynn Vermote        | 0:38:11 | 11.00   | Vrouw |
| 28     | 634 | Pieter Dewilde      | 0:39:21 | 10.67   | Man   |
| 29     | 607 | Rebecca Vanhoorne   | 0:39:37 | 10.60   | Vrouw |
| 30     | 612 | Nele Depuydt        | 0:40:19 | 10.42   | Vrouw |
| 31     | 621 | Edwin Treve         | 0:41:00 | 10.24   | Man   |
| 32     | 627 | Mieke Samyn         | 0:42:06 | 9.98    | Vrouw |
| 33     | 603 | Sarah Bovin         | 0:42:08 | 9.97    | Vrouw |
| 34     | 602 | alain kimpe         | 0:43:26 | 9.67    | Man   |